5th Iranian International Headache & 1st Joint Headache-Pain Congress
11-13 October 2017
The 5th Iranian International Headache & 1st joint Headache & Pain Congress

Date: 11-13 October 2017  
Place: Parsian Esteghlal hotel, Tehran, Iran

Official language: English

Website: http://www.congress2017.iranheadache.org  
http://www.congress2017.iranheadache.ir

Chair: Prof. Togha, President of IHA  
Vice Chair: Dr. Paknejad

Invited speakers:
- Prof. Jes Olesen (Denmark)  
- Prof. Lars Edvinsson (Sweden)  
- Prof. Rigmor Jensen (Denmark)  
- Prof. Stefan Evers (Germany)  
- Dr. Astrid Gendolla (Germany)  
- Dr. Hossein Ansari (USA)
Welcome address
Welcome address by congress Chair

Dear Friends and Colleagues,

On behalf of the Iranian Headache Association (IHA), I am delighted to invite you to the 5th headache and first headache and pain congress that will be held on 11-13 October 2017 in Tehran, Iran.

The congress is supporting by the Iranian Neurological Association, Iranian Pain Association and International Headache Society.

Pain impacts on all branches of medicine, and research of its causes has evolved as an exciting area in the main stream of science, which attracts an ever-growing number of researchers and clinicians with diverse professional backgrounds.

During this international meeting, attendees will have an excellent opportunity to learn more about the diagnosis and management of headache and pain disorders, new developments in the science of headache medicine and the care of
headache and pain sufferers.

Also, there will be a chance to become familiar with Iranian costumes and visit Tehran, a beautiful city with diverse attractions.

We look forward to your participation in IHAC 2017 and to welcoming you in Tehran.

Mansoureh Togha, MD
Professor of Neurology
Tehran University of Medical Sciences.
IHA President and Congress Chair Person
Dear Colleagues,

On behalf of the scientific committee, it is my great pleasure and honor to invite you to join to the International Iranian Headache and pain Congress 2017 (IHAC 2017), to be held on October 11-13, 2017 in Tehran, Iran.

It provides for applicants the opportunity to collect new scientific evidence and understanding for better diagnosis and treatment of patients with pain and headache, also the opportunity to network and create relationships with international colleagues and clinicians from different countries. IHAC 2017 provides an international community with an advanced scientific program to share the latest information regarding recent and future research of this debilitating disorder.

Hossein Pakdaman, MD
Professor of Neurology
Shahid Beheshti University of Medical Sciences.
President of Iranian Neurological Association
Abstract submission opens: 22 June 2017
www.congress2017.iranheadache.org
www.congress2017.iranheadache.ir

Important dates

The deadline for abstract submissions is 20 August 2017

Accommodation:

Congress committee suggest the Tehran Parsian Esteghlal hotel (the venue place)

Venue: Tehran Parsian Esteghlal hotel
Address: Chamran Hwy, Tehran, Iran.
Tel: +98 21 2266 0011
Website: http://esteghlal-hotel.com/
Program at a Glance
Headache Sessions:
- The new ICHD-3 alpha version
- Miscellaneous idiopathic disorder (group 4 of the ICHD-3)
  Pathophysiology of Migraine
- The management of acute migraine, outpatient and in the Emergency department
- Chronic migraine – diagnostic features and treatment options
- Migraine in the course of a woman’s lifetime
- CGRP; from discovery to new medication
- Complications of Prophylactic Pharmacotherapy of Migraines and Possible Drug Interactions
- New Daily Persistent Headache (NDPHA)
- Trigeminal Autonomic Cephalgias (TACs), all you wanted to know
- Intracranial hypertension
- Diagnosis and Approach of SIH (Spontaneous Intracranial Hypotension)
- Trigeminal Neuralgias and Other neuralgias
Medication overuse headache; Diagnosis and Treatment
Eyes and Headache: What do we need to ask or look for?
Expert meeting, challenging case presentation
Pediatric headache
Cervicogenic Headache
Short lasting headaches without autonomic features
Reversible Cerebral vasoconstriction syndrome (RCVS)
TM joint and other facial pains
Temporal arteritis
Headache in Systemic Diseases
Nose/sinus and headache: what is Neurologists look for and what is Otolaryngologist look for?

Pain Sessions:
- Lumbar pain: Diagnostic and treatment approach
- Cervical pain: Diagnostic and treatment approach
- Arthropathic Pain
- Lumbar blocks for chronic disease
- Facial blocks for chronic disease
Challenging Case Presentation in Pain Disorders

- Neuromodulation for Pain Treatment
- Challenging Case Presentation in Pain Disorders

Workshops:
- Botulinum toxin injection in chronic migraine
- Nerve blocks in Pain management
- Botulinum toxin injection in Headache

Panels:
- Migraine surgery
- Fibromyalgia
Invited Speakers

We are delighted to be able to share with you just some of our keynote speakers and biographies for the 5th Iranian headache and first headache and pain congress.
Lars Edvinsson is a Professor at Lund University in Internal Medicine, MD DMSci, and Chairman of the Swedish Migraine Society. In addition, he is a Board member of the European Headache Federation. In 2008 Lars Edvinsson was called to be professor at the Copenhagen University in "Receptor Regulation in Cerebrovascular and Cardiovascular Diseases" and in 2007 was Founder, and is now Director, of the Glostrup Research Park, Copenhagen. In 2012 he received a Lifetime Achievement award from American Headache colleagues (Stowe, VT), and an Honoray Dr Hon Causa in Szeged, Hungary.
Prof. Jes Olesen, MD, DMSc, DHonC is a Professor of Neurology at University of Copenhagen and former Chief of Danish Headache Center at the Department of Neurology, Glostrup University Hospital. Prof. Olesen led the first trials for triptans, NOS inhibitors and CGRP antagonists in migraine. He serves as a Member of Advisory Board at Alder Biopharmaceuticals Inc. He is an Honorary member of the Austrian-, French- and British Neurological Societies, as well as a fellow of the Royal College of Physicians. Prof. Olesen has received many national and international prizes. Prof. Olesen held Leadership positions in numerous scientific societies, including President of International Headache Society from 1993 to 1995, European Federation of Neurological Societies from 1995 to 2001 and European Brain Council 2000–2009. He has authored or co-authored more than 500 papers and book chapters, and has edited or written more than 20 books. He received honorary doctorate from the University of Rome in 2001 and in Ekaterinburg, Russia in 2016.
Prof. Rigmor Jensen is specialized in Neurology and professor in headache and neurological pain at The University of Copenhagen and the director of The Danish Headache Center, Rigshospitalet-Glostrup. She is past-president of The European Headache Federation, director in EHMTIC and in Lifting The Global Burden of Headache as well as Board Member of the International Headache Society. She has conducted or otherwise been involved in numerous epidemiological, clinical, and neurophysiological studies of migraine and tension-type headache since 1988. She has published more than 300 scientific papers in refereed journals and text books.
Stefan Evers received his MD in medicine and his PhD in musicology at the University of Münster, Germany. After training in general neurology including 1 year of research at the Institute of Neurology, London, he became consultant and Professor of Neurology at the Department of Neurology, University of Münster. In 2012 he became Head of the Neurological Hospital "Lindenbrunn". Stefan Evers was President of the German Migraine and Headache Society from 2003 to 2007 and Chair of the Headache Panel of the European Federation of Neurological Societies from 2003 to 2010. Since 2011 he has been Honorary General Secretary of the IHS.
Astrid Gendolla MD. is a specialist in neurology with additional qualification special pain therapy and psychotherapy. After studying medicine at the University of Würzburg and training abroad in India and Switzerland, she began her specialist training in the Department of Neurology 1992 at the University Hospital in Essen. She is a member and regional representative of the German Migraine and Headache Society, a member of the International Headache Society, the German Society for the Study of Pain, and a member of the German Society of Pain Therapy.
Hossein Ansari, MD, is a board-certified neurologist and certified headache specialist who specializes in diagnosing and treating headaches and facial pain. Dr. Ansari’s clinical expertise also includes developing guidelines for managing headaches in the Emergency room, Facial pain including trigeminal Neuralgia and neuropathy, Botox administration and nerve blocks, Sphenopalatine ganglion (SPG) block procedures for head/face pain, and neurological problems resulting from systemic disease. Currently he is Director of Headache Clinic in University of California in San Diego (UCSD). Prior to joining UC San Diego Health, Dr. Ansari established a multidisciplinary headache center at the Neuroscience Center at Neurology & Neuroscience Associates Inc. in Akron, Ohio, and served as the headache center’s director. Dr. Ansari has authored articles and book chapters on headache diagnosis and management. Dr. Ansari is a fellow of both the American Academy of Neurology (FAAN) and the American Headache Society (FAHS). He is an active member of numerous professional societies, including the International Headache Society, where he serves on the advisory council.
Chair: Prof. Togha
President of IHA

Vice Chair:
Dr. Paknejad
Sponsorship

Platinum Supporter: NOVARTIS Pharmaceutical Co.

Gold Supporter: IPSEN Co.

Silver Supporter:
Registration

Special offer: free registration for Speakers and Middle East countries guests

Venue information:
Tehran Parsian Esteghlal hotel
Address: Chamran Hwy, Tehran, Iran.
Tel: +98 21 2266 0011
Website: http://esteghlal-hotel.com/
Iran is an ancient country with a history of civilization and artistic creation of over 3000 years. Iran has been the land of peace, friendship, art and culture. It is a big country with a diverse climate. From the mountains blanketed with snow to the beautiful deserts and from the blue seas to broad pastures and green forests, it’s all full of ancient works and Iranian civilization. Iran is a land of hospitality and warmthness, with a rich, glorious and grand cultural heritage.

The country covers 1,600,000 square kilometers. It borders the beautiful Caspian Sea from the north and the warm Persian Gulf from the south. Iran today is both modern and ancient. It is the most populous and the second-largest country in the Middle East.

Iran has something to offer to everyone. From culture lovers to the adventurous. There are many sightseeing choices to choose from; mountain climbing, skiing, shopping at many magnificent shops and bazaars, great restaurants, splendid parks, and of course historical and archaeological places of interest with over 5,000 years of history. Tehran, the capital of Iran, with a population of over 10 million rests by the side of the Alborz Mountains and the lofty snow-covered mount Damavand.

The cities included in the list of the world cultural heritage and civilization are Isfahan, the former capital of Iran and the legendary city of architecture and Shiraz, also a former Iranian capital, with its historical and magnificent Persepolis and the birthplace of the greatest Iranian poets, Hafez and Sa’di.

Iran is a very safe country to travel in regardless of your race, religion, or gender. The crime rate in Iran is low.
About TEHRAN
Tehran, the capital of the Islamic Republic of Iran is one of the largest metropolitans of the world, and it is the country’s largest economic center and the base for its large and small modern technological and industrial establishments. Located on the slopes of the mountains and at the foot of the magnificent Mount Damavand, it has been the country’s capital city for over 200 years now.

Tehran is pleasant, it derives its originality from its dry climate, always cool in the evening, the nearness of the mountains, its numerous parks and gardens where flowers blossom throughout the year, the alleys of trees in the avenues or even smaller streets, the water which runs down from the upper city along deep and wide gutters which look like small rivers during spring.

Despite spectacular development, Tehran has preserved its old charm and magic. It is a city where the pleasing harmony of different architectural styles and superb structures, combined with legendary hospitality blend into an unforgettable experience for visitors.

Tehran is the biggest and most important educational center of Iran. Today there are nearly 50 major colleges and universities in total in Greater Tehran.

Since the establishment of Darolfonoon in the mid 1800s,
Tehran has amassed a large number of institutions of higher education. Tehran is also a city of parks and possesses more than 800 well-kept parks. Tehran is a cosmopolitan city, with great museums, parks, restaurants, warm friendly people.